

## **2017-18 FSMS Intramural Schedule**

### **First Session: 7 weeks August 28<sup>th</sup>-October 12<sup>th</sup>**

M, TU, TH: Basketball

W: Volleyball

### **Second Session: 7 weeks Oct. 16<sup>th</sup>- Dec. 7<sup>th</sup>**

M: Flag Football

TU: Kick Ball

W: Gator Ball (combination of Flag football and soccer play with a soccer ball)

TH: Dice Golf

\*Other activities: Dodgeball, Pod Ball (like cup ball), Kam Jam

### **Third Session: 7 weeks Jan. 8<sup>th</sup>-Feb. 23<sup>rd</sup>**

M: Pod Ball

TU: Dodgeball

W: Jump Rope

TH: Weight training, Yoga

\*Other activities: Cheerleading, Kam Jam, Short Court Volleyball, Tag games

### **Forth Session: 7 weeks March 5<sup>th</sup>- April 26<sup>th</sup>**

M, TU, W, TH: TRACK

\*We have four track meets at the high school: Relays only, Field only, Running only, All Events Medal Meet